

Instructions Following Implant Surgery

General Instruction:

Avoid the following for 48 hours after surgery (as this may stimulate bleeding):

- Hot food and drinks, alcohol
- Vigorous exercise

Pain Relief:

Panadol, Panadeine or Nurofen is likely to be required once your anaesthetic wears off. Any discomfort should be moderate – severe pain is not expected. Analgesics should not be required for more than 2-3 days following the implant placement. Please ensure analgesics are taken following instructions on the packet.

Sutures:

Sutures may have been placed to hold the tissue firmly in position. Try not to disturb, they will be removed in approximately 10 days following placement of the implant. Do not be alarmed if one or two fall out before this time.

Healing cover:

You will have a cover screw projecting through the gum which will have been placed to protect the new implant fixture underneath and to allow for correct tissue healing.

Cleaning:

On the day of surgery we advise that you do not brush the implant site, however you are to brush your other teeth as normal. The day after surgery we recommend cleaning as normal, being gentle in the implant area. Plaque needs to be kept to a minimum to prevent infection. Some bleeding may occur around the implant site if this is the case there is no need for great concern so long as it does settle. Warm salt water rinses as often as possible should be maintained for the 5 days following your surgery.

Partial denture:

Should a partial denture be placed to fill the gap over the new implant we need to make sure that it does not make contact with the healing abutment. If you feel that there is contact between the two please contact the surgery immediately and we will arrange a time to have this assessed and fixed as soon as possible. Dentures can be worn all day but it is recommended that you leave it out when you sleep.

Contact us immediately if you have any of the following:

- Severe pain or swelling.
- Any flapping of the soft tissue.
- If you lose more than 3 sutures.
- If there is any discharge (pus) from the gums.
- If your denture is pressing on the implant site.